

MONDAY

Morning Meditation 8:30-9:15 a.m.
Recovery Movie 10:00 to 11:00 a.m.
Lunch 12:00 p.m.
Job Search 1:00 to 4:30 p.m.
Dinner 5:00 p.m.
Evening Goals 5:45 p.m.
Special Heroin Group as scheduled 6:00 p.m.
AA/NA Meeting (Check Schedules for Outside Meetings)

TUESDAY

Morning Meditation 8:30-9:15 a.m.
Educational Lecture 10:00 to 11:00 a.m.
Lunch 12:00 p.m.
Life on Life's Terms/Peer Group at 1:00 p.m.
Job Search 2:00 to 4:30 p.m.
Dinner 5:00 p.m.
Evening Goals 5:45 p.m.
Educational Lecture 6:00 p.m. to 7:00 p.m.
Group Therapy 6:00 p.m. (Day Shift workers must attend)
Mandatory In-House NA Meeting (Levels 1 & 2) 8:00 to 9:00 p.m.

Levels 3&4 Open (Check Schedules for Outside Meetings)
Gratitude Meeting 9:15 p.m.

WEDNESDAY

Morning Meditation 8:30-9:15 a.m.
Educational Lecture 10:00 a.m. to 11:00 a.m.
Lunch 12:00 p.m.
Job Search 1:00 to 4:30 p.m.
Dinner 5:00 p.m.
Community Meeting/Evening Goals 6:15pm (All must attend)

THURSDAY

Morning Meditation 8:30-9:15 a.m.
Group Therapy at 10:00 a.m.
Lunch 12:00 p.m.
Step Meeting 2:00 to 3:00 p.m.
Dinner 5:00 p.m.
Evening Goals 5:30 p.m.
Educational Lecture 5:45 p.m. to 6:45 p.m.
Outside AA/NA Meetings (Check Fellowship Schedule)

FRIDAY

Morning Meditation 8:30-9:15 a.m.
Recreation or Job Search 10:00 to 4:30 p.m.
Lunch 12:00 p.m.
Dinner 5:00 p.m.
5:45 Weekly Wrap Up Peer Group
Group Therapy 6:00 p.m. (Day Shift workers must attend)
Outside AA/NA Meetings (Check Fellowship Schedule)

WEEKEND

Community Meeting/Daily Goals 11:00 a.m. to 12:00 p.m.
Brunch 12:00 p.m.
Organized Recreation 1:00 to 4:00 p.m.
Visiting Hours I :00 to 4:00 p.m.
Dinner 5:00 p.m.
Outside AA/NA Meetings (Check Fellowship Schedule)